



(Photo courtesy of Andrew McFadden)

BUFFET[®] OLIVES

MTB CLASSIC

Sunday 25 October 2015

ROUTE DESCRIPTION:

Short Route: 14KM

Starting amongst olive groves and farm roads for the first 5km, you will be well warmed up by the time you hit the first steep climb on this challenging, but rewarding course. At the top of this climb, you are welcome to take a breather at the water point, before making your way back down via a descent that starts on open gravel roads, then becomes a single track that brings you to Cascade Manor. A short but sweet hill follows as a final sting in the tail, before the last single track section to the finish.

Long & Medium Route: 42KM & 25KM

The Long / Medium Routes continue from the water point on forest roads with spectacular views, downhills and good doses of single track. After 20km, the Medium Route returns to the finish, whereas the Long Route continues along the Klein Drakenstein mountain slopes before heading home on this challenging, but captivating course.

Kiddies Route: 5KM

There is also an easy 5km loop amongst the olive groves. Spectators are welcome to picnic under the trees and watch the fun. There will be food & drinks for sale.

ENTRIES:

www.entrytime.com/event-details/?EventId=4474

The first 200 online entries receive a Goodie bag..!
(Entries limited to 1000 Participants)

Registration: 6h00 – 8h30			
Distance	Time	Online entry	Late entry
42KM	8h00	R200	R250
25KM	8h15	R180	R230
14KM	8h30	R130	R180
Day licence (42KM & 25KM only): R35			
5KM	9h00	R50	R50
	One accompanying adult – Free Second accompanying adult – R25		

ENQUIRIES:



General info: 076 709 6487 / (021) 876 4956
Route info: 082 578 3017



General info: sharonhart@telkomsa.net
Route info: info@franschhoekcycles.co.za



www.franschhoekcycles.co.za
www.bufferolives.net



www.facebook.com/buffetolivesmtbclassic

PRIZES:

Lucky draw prizes include olive hampers, wine, bicycle accessories and a weekend away at Cascade Country Manor..!

R 1000 for the Men's / Lady's winners of the Long Route.

DIRECTIONS TO VENUE:

Take the N1 in the direction of Paarl / Worcester. Just before the tollgates, take the R101 (Sonstraal) off-ramp.

Turn left and proceed straight over two stop streets (there is a BP garage to your left as you approach the 2nd stop). Drive 2km before turning right into Swawelstert road, then a further 1,5km until you see the Buffet Olives sign. Turn right onto a gravel road, then look out for the Parking signs to your right.

GPS Coordinates: -33.711646, 19.0211010

