

Group or Category	Pos in		Rider Details			Final Results	
	ALL	Cat	No	Cat	Name	Time	Remarks
Open Men 25km	1	1	51	ML	Thembelani Zola	02.09.39	
	2	2	20	ML	Sarel Rossouw	02.09.46	
	3	3	14	ML	James Horn	02.19.17	
	4	4	18	ML	Roelof Feenstra	02.21.40	
	5	5	42	ML	Seb Swart	02.21.55	
	6	6	44	ML	Calvin Kroutz	02.23.34	
	7	7	16	ML	Christopher Williams	02.29.41	
	8	8	26	ML	Leon Badenhorst	02.30.21	
	9	9	17	ML	Ernest Walker	02.35.17	
	10	10	33	ML	David Conradie	02.35.18	
	11	11	19	ML	David Levinson	02.35.29	
	12	12	40	ML	Koos La Cock	02.36.39	
	13	13	21	ML	Wynand Malan	02.36.40	
	14	14	41	ML	Marcel Du Plessis	02.38.24	
	15	15	32	ML	Richard Ayres	02.46.02	
	16	16	15	ML	Zaheer Hoosain	02.47.50	
	17	17	27	ML	Eduard Mostert	02.52.01	
	18	18	22	ML	Van Zyl Lochner	02.54.39	
	19	19	37	ML	Gideon Redelinghuis	02.59.10	
	20	20	34	ML	Glen Kriel	02.59.11	
	21	21	31	ML	Gareth Haarhoff	03.00.23	
	22	22	39	ML	Abrie Wessels	03.03.33	
	23	23	28	ML	Jacques Senekal	03.03.52	
	24	24	29	ML	Jan Meyer	03.20.46	
	25	25	23	ML	Craig Schaefer	03.31.44	
	26	26	24	ML	Kevin Kotze	03.36.52	
	27	27	1	ML	Conrad Meyer	03.59.40	
Category	ALL	Cat	No	Cat	Name	Time	Remarks
Open Women 25km	1	1	7	WL	Charlene Haarhoff	02.46.23	
	2	2	5	WL	Helena Bester	02.52.01	
	3	3	3	WL	Tricia Van Der Mescht	02.52.55	
	4	4	38	WL	Ronell Bester	02.59.10	
	5	5	6	WL	Marelize Vlok	03.14.39	
	6	6	8	WL	Shirley Bosman	03.15.12	
	7	7	10	WL	Marle Grobbelaar	03.20.46	
	8	8	11	WL	Lynn Claassens	03.22.07	
	9	9	9	WL	Nicola Wilson	03.36.51	
	10	10	2	WL	Karin Gerber	03.59.39	
Category	ALL	Cat	No	Cat	Name	Time	Remarks
Open Men 14km	1	1	607	MM	Bjron February	01.01.00	
	2	2	568	MM	Eckhardt Visser	01.08.01	
	3	3	573	MM	Friedl Van Der Merwe	01.08.57	
	4	4	608	MM	Morne Suse	01.12.51	
	5	5	539	MM	Michael Van Niekerk	01.15.23	

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	ALL	Cat	No	Cat	Name	Time	Remarks
	6	6	576	MM	Garry Wilford	01.19.24	
	7	7	560	MM	Jonathan Burke	01.24.22	
	8	8	557	MM	Hendri Visser	01.24.51	
	9	9	564	MM	John Morgan	01.24.53	
	10	10	561	MM	Stefan Steenkamp	01.25.56	
	11	11	558	MM	Maseeh Esau	01.27.02	
	12	12	541	MM	Benjamin Mmari	01.27.04	
	13	13	542	MM	Josef Elijah	01.27.19	
	14	14	543	MM	Willem Oosthuizen	01.30.06	
	15	15	555	MM	Christo Crous	01.32.01	
	16	16	554	MM	Nicholas Kohne	01.34.24	
	17	17	544	MM	Willem Oosthuizen	01.37.22	
	18	18	552	MM	Reynier Booysen	01.37.52	
	19	19	571	MM	Derrick Henry Smith	01.38.46	
	20	20	567	MM	Gary Phipson	01.40.23	
	21	21	563	MM	Schalk De Jager	01.40.51	
	22	22	577	MM	Rob Burns	01.45.36	
	23	23	549	MM	Dion Ferreira	01.45.55	
	24	24	565	MM	Johann Van Niekerk	01.46.48	
	25	25	551	MM	Johan Liebenberg	01.46.50	
	26	26	545	MM	Jan-Daniel Bredenkamp	01.47.22	
	27	27	570	MM	Michael Aubin	01.49.28	
	28	28	550	MM	Donovan Thatcher	01.49.59	
	29	29	606	MM	Justin Van Der Poel	01.50.21	
	30	30	604	MM	Mark Wille	01.50.23	
	31	31	605	MM	Filipe Espinha	01.50.24	
	32	32	556	MM	Marne Schaefer	01.50.43	
	33	33	575	MM	David Johnson	01.51.32	
	34	34	599	MM	Willie Wilbers	01.53.56	
	35	35	569	MM	Leo Nolan	02.07.50	
	36	36	600	MM	Johan Le Roux	02.10.31	
	37	37	559	MM	Conrad Magiera	02.34.31	
Category	ALL	Cat	No	Cat	Name	Time	Remarks
Open Women 14km	1	1	509	WM	Debra Rossouw	01.20.22	
	2	2	524	WM	Nazeema Esau	01.27.36	
	3	3	525	WM	Maryke Sass	01.30.19	
	4	4	538	WM	Moira Oliver	01.33.30	
	5	5	601	WM	Bernice Bester	01.34.21	
	6	6	504	WM	Mieke Van Der Merwe	01.37.24	
	7	7	508	WM	Anneri Booysen	01.37.51	
	8	8	598	WM	Caroline Weinel	01.39.15	
	9	9	536	WM	Dianne De Carteret-Martin	01.41.35	
	10	10	523	WM	Monique Marais	01.41.57	
	11	11	520	WM	Theresa Du Toit	01.43.19	

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	ALL	Cat	No	Cat	Name	Time	Remarks
	12	12	529	WM	Anita Breed	01.45.16	
	13	13	517	WM	Lerina Basson	01.46.52	
	14	14	519	WM	Carin Van Niekerk	01.46.54	
	15	15	528	WM	Christelle De Lucchi	01.47.23	
	16	16	512	WM	Yvonne De Villiers	01.47.24	
	17	17	603	WM	Suritha Van Tonder	01.47.34	
	18	18	505	WM	Lizahn Scott	01.47.39	
	19	19	532	WM	Michelle Frauendorf	01.52.32	
	20	20	513	WM	Sarie Opperman	01.53.54	
	21	21	530	WM	Heather Johnson	01.54.23	
	22	22	507	WM	Siobhan Louw	01.55.36	
	23	23	527	WM	Jeanne Adonis	01.55.37	
	24	24	514	WM	Lourika Smit	02.07.51	
	25	25	602	WM	Kyra Solomon	02.10.31	
	26	26	511	WM	Elane Strauss	02.15.28	
	27	27	510	WM	Mari Swanepoel	02.15.29	
	28	28	533	WM	Ronel Van Coller	02.15.39	
	29	29	534	WM	Anita Kruger	02.16.16	
	30	30	516	WM	Raygen Magiera	02.34.45	
Category	ALL	Cat	No	Cat	Name	Time	Remarks
All Men 5km	1	1	885	RB	Linwille Lewak	00.22.28	
	2	1	872	MS	Emir Gluhbegolic	00.22.30	
	3	2	846	MS	Tanaka Mutakwa	00.23.57	
	4	3	847	MS	Wesley Turner-Duuncey	00.24.57	
	5	4	812	MS	Richter Rust	00.25.05	
	6	2	883	RB	Safwaan Goliath	00.26.18	
	7	3	884	RB	John-Lee Gordan	00.26.20	
	8	4	893	RB	Cellodean Alexander	00.26.22	
	9	5	896	RB	Shane Titus	00.26.24	
	10	6	876	RB	Sturton Pietersen	00.27.03	
	11	7	895	RB	Jadrian Claasen	00.27.50	
	12	8	888	RB	Ricardo Claasen	00.27.50	
	13	5	866	MS	Shane Gouldie	00.28.37	
	14	6	848	MS	Samuel Mapungwana	00.28.56	
	15	7	850	MS	Simba Takawira	00.29.47	
	16	8	869	MS	Kobus Uys	00.30.49	
	17	9	854	MS	Bennie Hickman	00.31.19	
	18	9	843	RB	Gladwin Fredericks	00.34.07	
	19	10	845	MS	Alrico Juries	00.34.08	
	20	10	877	RB	Francois Meyer	00.34.16	
	21	11	849	MS	Takudzwa-Alpha Makotore	00.34.19	
	22	11	886	RB	Heinrich Jansen	00.34.43	
	23	12	851	MS	Dirk Janse Van Rensburg	00.35.03	
	24	12	837	RB	Daniel De Wet	00.35.17	

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	ALL	Cat	No	Cat	Name	Time	Remarks
	25	13	858	MS	Fabian Carolissen	00.35.56	
	26	13	887	RB	Weltino Williams	00.36.33	
	27	14	894	RB	Menelik Hendricks	00.36.34	
	28	15	897	RB	Anastacia Lombaard	00.40.29	
	29	16	844	RB	Asi Ngcque	00.42.49	
	30	14	853	MS	Schalk Greeff	00.44.02	
	31	15	180	MS	Abe Strauss	00.44.23	
	32	17	840	RB	Ebennico Booysen	00.46.20	
	33	18	838	RB	Clifton Juries	00.46.22	
	34	19	836	RB	Auston Jansen	00.46.25	
	35	16	860	MS	Danie De Wet	00.46.50	
	36	17	857	MS	Derrick Tabbert	00.48.39	
	37	18	875	MS	Tashinga Mutakwa	00.51.22	
	38	19	874	MS	Karl Dahms	01.06.51	
	39	20	183	MS	Morne Heunis	01.07.02	
	40	21	181	MS	Clinton Vain	01.08.15	
Category	ALL	Cat	No	Cat	Name	Time	Remarks
All Women 5km	1	1	878	WS	Antonella Uys	00.34.17	
	2	2	890	WS	Wilmarie Goliath	00.34.46	
	3	1	881	RG	Jadelyn Hendriks	00.34.48	
	4	3	811	WS	Lindie Van Der Westhuizen	00.35.04	
	5	2	889	RG	Elzaan Meyer	00.35.15	
	6	4	871	WS	Liana Tollon	00.35.43	
	7	5	813	WS	Venette Mans	00.36.37	
	8	6	864	WS	Nadia Redelinghuis	00.36.39	
	9	7	817	WS	Ilse Mans	00.37.28	
	10	8	815	WS	Renae Logston	00.37.30	
	11	9	867	WS	Sabine Solomon	00.37.47	
	12	3	834	RG	Kaylin Badenhorst	00.38.00	
	13	10	825	WS	Monique Le Grange	00.38.50	
	14	11	810	WS	Aditi Giri	00.39.17	
	15	12	870	WS	Riza Uys	00.39.46	
	16	4	899	RG	Monica Thandiswha	00.39.58	
	17	5	879	RG	Berhane Hendriks	00.39.59	
	18	13	863	WS	Janine Rust	00.40.23	
	19	14	900	WS	Catharine Suse	00.40.31	
	20	15	868	WS	Misty De Beer	00.42.19	
	21	16	827	WS	Annemie Burke	00.42.19	
	22	17	898	WS	Marise Bruwer	00.42.25	
	23	6	807	RG	Carla Williams	00.42.48	
	24	18	818	WS	Gina Marsicano	00.43.34	
	25	19	814	WS	Cecileen Greeff	00.44.01	
	26	20	808	WS	Mieke De Wet	00.46.49	
	27	21	865	WS	Daniella Rust	00.47.03	

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	ALL	Cat	No	Cat	Name	Time	Remarks
	28	22	823	WS	Janine Tabbert	00.48.38	
	29	23	822	WS	Wineta Wiese	00.49.56	
	30	24	820	WS	Michelle De Jager	00.49.57	
	31	25	880	WS	Tarryn-Lee Dodgen	00.51.27	
	32	7	801	RG	Annelise Sauls	00.53.52	
	33	8	806	RG	Anita Douw	00.53.55	
	34	26	891	WS	Nicoleen Williams	00.53.58	
	35	27	809	WS	Claudine May	00.53.59	
	36	9	805	RG	Simoné Douw	00.54.01	
	37	10	804	RG	Chardika Petersen	00.54.03	
	38	11	802	RG	Lydia Slingers	00.54.05	
	39	28	828	WS	Jacqui Rens	00.54.07	
	40	29	892	WS	Karlien Afrika	00.54.11	
	41	30	831	WS	Lisa Carolissen	00.58.25	
	42	31	873	WS	Sune Smit	01.07.31	